

Look Out When Falling Back Nov. 1

Daylight saving time ends November 1. North Texans will enjoy the extra hour in the weekend from “falling back,” however the time change also means an increased risk of traffic accidents, especially those involving pedestrians.

Our work and social schedules don’t change. Evening commutes and activities that used to occur in daylight will now happen in the dark after the time change. With North Texans driving, bicycling and walking to and from work and activities, it is important for us to look out for each other on the road – and especially during dawn, dusk and evening hours when visibility is reduced.

At all times of the day it is important for pedestrians and bicyclists to be alert and visible to drivers, and always anticipate what drivers might do next. People can make themselves more visible to drivers by wearing clothing with bright colors and reflective materials which can be seen by drivers using headlights up to three times farther away. For bicyclists, state law actually requires the use of a white headlight and red rear light or rear reflector when riding at night.



Dallas and Fort Worth are two of the 35 Pedestrian-Bicycle Safety Focus Cities designated by the Federal Highway Administration due to the high rates of pedestrian and bicycle crash fatalities in the North Texas region. Unfortunately, in the past five years the number of bicycle and pedestrian crashes with vehicles and resulting fatalities have increased. Thus, it is more important than ever for North Texans to look out for one another.

Understanding how people bicycling, walking and driving should interact together is important to improving safety on area roads. We all share the road with our fellow co-workers, neighbors, friends, family and all North Texans. **To learn more tips for bicycling, walking and driving safely, visit www.LookOutTexans.org.**



Tell us what you are doing to be safe and look out for North Texans! The first 25 readers who publicly post on Twitter or Instagram which of the safety tips they follow most frequently with #LookOutTexans will be contacted to receive a free set of flashing safety lights.

The Look Out Texans education and public outreach campaign was developed by the North Central Texas Council of Governments and funded by the Texas Department of Transportation.